The phone number 211 serves as a 24-hour information and referral service for issues related to caregiving, child care, disability, employment, food, health services, housing, In-home services and transportation. www.211texas.org

These organizations assist people with disabilities with a variety of services. Their websites list activities and supports available in the local community.

(817) 834-7700 www.arcnetc.org (817) 877-1474 www.arcgtc.org

Deaf Action Center-Region 3A (Dallas) Deaf Action Center-Region 3B (Fort Worth) (214) 521-0407 V (214) 377-1898 VP (817) 546-